

2009 Girls Section 8A Track and Field Championships -

5/30/2009 Warren-Alvarado-Oslo High School

Team Score:

| | | | |
|----------------------------|-------|-------------------------------|----|
| 1) East Grand Forks | 125 | 12) Walker-Hackensack-Akeley | 17 |
| 2) Bagley/Fosston* | 83.50 | 13) Cass Lake-Bena | 16 |
| 3) Park Rapids Area | 79 | 13) Thief River Falls | 16 |
| 4) Crookston | 65 | 15) Badger/Greenbush-Middle R | 15 |
| 5) Hawley/Ulen-Hitterdahl* | 52 | 16) Dilworth-Glyndon-Felton | 13 |
| 6) Nevis | 39 | 16) West Marshall* | 13 |
| 7) Warroad | 34.50 | 18) Mahnomen/Waubun* | 7 |
| 8) Roseau High School | 33 | 19) Northome-Blackduck | 6 |
| 9) Lake of the Woods | 29 | 20) Fertile-Beltrami | 4 |
| 10) Red Lake County* | 26 | 21) Lake Park-Audubon | 3 |
| 10) Ada-Borup | 26 | | |

Girls 100 Meter Dash Class A

8A Track: * 12.20 1984 Dee Dee Pudwill, Waubun

12.87 QUAL

| Name | Year School | Prelims | Wind H# |
|----------------------|-----------------|-----------|---------|
| Preliminaries | | | |
| 1 Tingelstad, Ashley | 12 EGrandFor | 12.53QUAL | NWI 1 |
| 2 Thelen, Rachel | 12 ParkRapids | 13.35Q | NWI 2 |
| 3 Larson, Danielle | 10 Crookston | 13.34Q | NWI 1 |
| 4 Day, Kyli | 9 BagleyFoss | 13.44Q | NWI 2 |
| 5 Piche', Francie | 11 EGrandFor | 13.49q | NWI 1 |
| 6 Ogden, Kailee | 10 Warroad | 13.57q | NWI 2 |
| 7 Jourdain, Danielle | 11 CassLkBen | 13.62q | NWI 1 |
| 8 Hahn, Deidre | 8 Warroad | 13.63q | NWI 2 |
| 9 Schunk, Jessica | 11 Nevis | 13.73 | NWI 1 |
| 10 Hunt, Caitlyn | 9 Thief River | 13.75 | NWI 1 |
| 11 Haverkamp, Lea | 8 MahnWaub | 13.80 | NWI 2 |
| 12 Carlson, Rachel | 9 LakePkAudu | 13.82 | NWI 1 |
| 13 Smart, Nicole | 12 AdaBorup | 13.83 | NWI 2 |
| 14 Aune, Robyn | 11 Badger/Green | 14.23 | NWI 2 |
| 15 Hebel, Breanna | 7 Roseau High | 14.51 | NWI 2 |

Girls 100 Meter Dash Class A

| Name | Year School | Finals | Wind |
|----------------------|---------------|------------|------|
| Finals | | | |
| 1 Tingelstad, Ashley | 12 EGrandFor | 12.42 QUAL | 0.2 |
| 2 Thelen, Rachel | 12 ParkRapids | 13.14 | 0.2 |
| 3 Jourdain, Danielle | 11 CassLkBen | 13.45 | 0.2 |
| 4 Day, Kyli | 9 BagleyFoss | 13.47 | 0.2 |
| 5 Ogden, Kailee | 10 Warroad | 13.53 | 0.2 |
| 6 Piche', Francie | 11 EGrandFor | 13.58 | 0.2 |
| 7 Larson, Danielle | 10 Crookston | 13.74 | 0.2 |
| 8 Hahn, Deidre | 8 Warroad | 13.75 | 0.2 |

Girls 200 Meter Dash Class A

8A Track: * 25.00 1987 Liesa Brateng, Roseau

26.38 QUAL

| Name | Year School | Prelims | Wind H# |
|------------------------|----------------|-----------|---------|
| Preliminaries | | | |
| 1 Tingelstad, Ashley | 12 EGrandFor | 25.71QUAL | NWI 1 |
| 1 Huschle, Analisa | 10 BagleyFoss | 25.71QUAL | NWI 2 |
| 3 Kuznia, Rachael | 8 EGrandFor | 27.32Q | NWI 1 |
| 4 Ogden, Kailee | 10 Warroad | 28.17Q | NWI 2 |
| 5 Jourdain, Danielle | 11 CassLkBen | 27.64q | NWI 1 |
| 6 Vaudrin, Mady | 7 ParkRapids | 27.97q | NWI 1 |
| 7 Smart, Nicole | 12 AdaBorup | 28.53q | NWI 2 |
| 8 Walters, Paige | 10 Nevis | 28.58q | NWI 2 |
| 9 Broekemeier, Jessica | 10 Crookston | 28.60 | NWI 1 |
| 10 Kelly, Hayley | 11 Roseau High | 28.67 | NWI 1 |
| 11 Hahn, Deidre | 8 Warroad | 28.74 | NWI 2 |

| | | | | |
|--------------------|-----------------|-------|-----|---|
| 12 Carlson, Rachel | 9 LakePkAudu | 29.16 | NWI | 1 |
| 13 Haverkamp, Lea | 8 MahnWaub | 29.34 | NWI | 2 |
| 14 Aune, Robyn | 11 Badger/Green | 30.05 | NWI | 2 |
| 15 Gracza, Rose | 9 Roseau High | 30.14 | NWI | 2 |

Girls 200 Meter Dash Class A

| Name | Year School | Finals | Wind |
|----------------------|---------------|------------|------|
| Finals | | | |
| 1 Huschle, Analisa | 10 BagleyFoss | 25.28 QUAL | -2.6 |
| 2 Tingelstad, Ashley | 12 EGrandFor | 25.93 QUAL | -2.6 |
| 3 Kuznia, Rachael | 8 EGrandFor | 27.82 | -2.6 |
| 4 Smart, Nicole | 12 AdaBorup | 28.43 | -2.6 |
| 5 Ogden, Kailee | 10 Warroad | 28.56 | -2.6 |
| 6 Jourdain, Danielle | 11 CassLkBen | 28.58 | -2.6 |
| 7 Vaudrin, Mady | 7 ParkRapids | 28.79 | -2.6 |
| 8 Walters, Paige | 10 Nevis | 28.80 | -2.6 |

Girls 400 Meter Dash Class A

| 8A Track: * 57.84 1993 | | | | Amber Bohman, Park Rapids |
|---------------------------|-----------------|------------|----|---------------------------|
| 59.15 QUAL | | | | |
| Name | Year School | Finals | H# | |
| 1 Tingelstad, Ashley | 12 EGrandFor | 58.93 QUAL | 2 | |
| 2 Fraser, Saragh | 9 Lake of the | 1:00.31 | 2 | |
| 3 Hahn, Deidre | 8 Warroad | 1:00.48 | 2 | |
| 4 Ness, Katy | 12 AdaBorup | 1:03.23 | 2 | |
| 5 Stambaugh, Megan | 12 Nevis | 1:03.83 | 2 | |
| 6 Crummy, Jennifer | 11 West Marshal | 1:04.43 | 2 | |
| 7 Tabatt-Taylor, Nichole | 11 EGrandFor | 1:04.44 | 1 | |
| 8 Kennedy, Brenna | 9 WalkHackAke | 1:05.46 | 1 | |
| 9 Morgan, Taylor | 10 MahnWaub | 1:05.82 | 1 | |
| 10 Pierce, Shelby | 9 ParkRapids | 1:06.40 | 1 | |
| 11 Carlson, Rachel | 9 LakePkAudu | 1:06.59 | 2 | |
| 12 Brown, Seneca | 12 Lake of the | 1:07.14 | 1 | |
| 13 Schirmers, Mandy | 9 ParkRapids | 1:07.72 | 1 | |
| 14 Erickson, Katelyn | 11 Lake of the | 1:09.09 | 1 | |
| -- Irving-Mahar, Samantha | 8 EGrandFor | NT | 2 | |

Girls 800 Meter Run Class A

| 8A Track: * 2:13.40 2001 | | | | Ada Anderson, Roseau |
|--------------------------|----------------|---------|----|----------------------|
| 2:20.10 QUAL | | | | |
| Name | Year School | Finals | H# | |
| 1 Kruchowski, Faith | 12 RedLakeCty | 2:20.70 | 2 | |
| 2 Scanlan, Jaclyn | 10 EGrandFor | 2:21.45 | 2 | |
| 3 Pahlen, JaNae | 11 Roseau High | 2:24.17 | 2 | |
| 4 Lutz, Victoria | 11 ParkRapids | 2:26.73 | 2 | |
| 5 Fraser, Saragh | 9 Lake of the | 2:27.42 | 2 | |
| 6 Crummy, Nicole | 9 West Marshal | 2:29.68 | 2 | |
| 7 Merkens, Jenna | 9 HawlULHitt | 2:32.86 | 2 | |
| 8 Shogren, Sopie | 10 ParkRapids | 2:33.56 | 1 | |
| 9 Schermer, Rebecca | 7 LakePkAudu | 2:34.00 | 2 | |
| 10 Driscoll, Molly | 11 EGrandFor | 2:35.40 | 1 | |
| 11 Gapinski, Jessica | 9 WalkHackAke | 2:35.91 | 1 | |
| 12 Monsebroten, Hanna | 9 Badger/Green | 2:36.46 | 1 | |
| 13 Burks, Alina | 11 WalkHackAke | 2:36.72 | 1 | |
| 14 Marken, Jessi | 11 Lake of the | 2:37.56 | 1 | |
| 15 Rhode, Tori | 11 Crookston | 2:39.44 | 1 | |

Girls 1600 Meter Run Class A

| 8A Track: * 5:13.72 2004 | | | | Faith Kruchowski, Red Lake County |
|--------------------------|---------------|---------|--|-----------------------------------|
| 5:11.77 QUAL | | | | |
| Name | Year School | Finals | | |
| 1 Kruchowski, Faith | 12 RedLakeCty | 5:17.10 | | |
| 2 Scanlan, Jaclyn | 10 EGrandFor | 5:18.97 | | |
| 3 Olson, Kayla | 9 NorthBlack | 5:40.86 | | |

| | | |
|------------------------|----------------|---------|
| 4 Fraser, Emily | 7 Lake of the | 5:45.08 |
| 5 Steenerson, Mariah | 10 Thief River | 5:46.12 |
| 6 Astrup, Lynn | 7 Warroad | 5:47.42 |
| 7 Klatt, Anndi | 8 Roseau High | 5:49.66 |
| 8 Eggen, Heidi | 7 AdaBorup | 5:51.27 |
| 9 Nelson, Chelsea | 9 AdaBorup | 5:52.01 |
| 10 Ruiz, Nelly | 10 AdaBorup | 5:53.50 |
| 11 Smebak, Leslie | 12 Roseau High | 5:55.91 |
| 12 Koenig, Kellee | 10 Crookston | 5:56.62 |
| 13 Deitchler, Tiffany | 10 ParkRapids | 6:02.45 |
| 14 Erickson, Katherine | 8 ParkRapids | 6:14.30 |
| -- Bingham, Mary | 8 BagleyFoss | NT |

Girls 3200 Meter Run Class A

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 8A Track: * 11:34.47 1991 Jennifer Diedrich, Marshall Co. South
 11:17.47 QUAL

| Name | Year School | Finals |
|----------------------|----------------|----------|
| 1 Galstad, Marina | 9 EGrandFor | 11:38.61 |
| 2 Kirkeide, Courtney | 8 Badger/Green | 11:40.45 |
| 3 Lutz, Lydia | 9 ParkRapids | 11:51.55 |
| 4 Klatt, Anndi | 8 Roseau High | 12:46.72 |
| 5 Olson, Morgan | 8 ParkRapids | 12:50.09 |
| 6 Astrup, Lynn | 7 Warroad | 12:54.55 |
| 7 Stanton, Heather | 11 Lake of the | 12:54.57 |
| 8 Ruiz, Nelly | 10 AdaBorup | 13:10.28 |
| 9 Himanowski, Kaylee | 8 ParkRapids | 13:10.59 |
| 10 Syverson, Hailey | 8 BagleyFoss | 13:10.63 |
| 11 Koenig, Kellee | 10 Crookston | 13:11.80 |
| 12 Smebak, Leslie | 12 Roseau High | 13:33.69 |
| 13 Anderson, Kally | 10 DilGlynFelt | 13:42.35 |
| 14 Strom, Ashlyn | 7 LakePkAudu | 13:49.02 |
| 15 Knaeble, Daytona | 10 NorthBlack | 14:27.93 |

Girls 100 Meter Hurdles Class A

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 8A Track: * 15.24 2003 Kayla Wahlin, Crookston
 15.86 QUAL

| Name | Year School | Prelims | Wind H# |
|--------------------------|-----------------|---------|---------|
| Preliminaries | | | |
| 1 Larson, Danielle | 10 Crookston | 16.65Q | NWI 1 |
| 2 Ogden, Kailee | 10 Warroad | 17.59Q | NWI 2 |
| 3 Wagner, Leann | 11 Crookston | 16.68Q | NWI 1 |
| 4 Bakken, Kailey | 50 Thief River | 17.69Q | NWI 2 |
| 5 Olson, Laure | 9 HawlUlHitt | 17.11q | NWI 1 |
| 6 Hunt, Caitlyn | 9 Thief River | 17.87q | NWI 2 |
| 7 Goodwater, Heather | 11 ParkRapids | 17.95q | NWI 2 |
| 8 Spong, Brianna | 10 RedLakeCty | 17.99q | NWI 2 |
| 9 Greenwood, Brooke | 10 EGrandFor | 18.04 | NWI 1 |
| 10 Aakre, Kendra | 10 West Marshal | 18.06 | NWI 1 |
| 11 Thielen, Shannon | 9 ParkRapids | 18.41 | NWI 1 |
| 12 Perkins, Savannah | 10 Warroad | 18.76 | NWI 1 |
| 13 Emanuel, Keelee | 10 Crookston | 19.41 | NWI 2 |
| 14 Zunich-Anderson, Lexy | 12 ParkRapids | 19.55 | NWI 2 |
| 15 Yliniemi, Micah | 12 Nevis | 20.39 | NWI 2 |

Girls 100 Meter Hurdles Class A

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 8A Track: * 15.24 2003 Kayla Wahlin, Crookston
 15.86 QUAL

| Name | Year School | Finals | Wind |
|----------------------|----------------|--------|------|
| Finals | | | |
| 1 Wagner, Leann | 11 Crookston | 16.41 | 1.6 |
| 2 Larson, Danielle | 10 Crookston | 16.49 | 1.6 |
| 3 Olson, Laure | 9 HawlUlHitt | 16.88 | 1.6 |
| 4 Ogden, Kailee | 10 Warroad | 17.33 | 1.6 |
| 5 Bakken, Kailey | 50 Thief River | 17.58 | 1.6 |
| 6 Goodwater, Heather | 11 ParkRapids | 17.74 | 1.6 |
| 7 Spong, Brianna | 10 RedLakeCty | 17.85 | 1.6 |

8 Hunt, Caitlyn 9 Thief River 17.93 1.6

Girls 300 Meter Hurdles Class A

8A Track: * 43.14 1987 Liesa Brateng, Roseau
46.83 QUAL

| Name | Year | School | Finals | H# |
|----------------------|------|--------------|--------|----|
| 1 Olson, Laure | 9 | HawULHitt | 48.94 | 2 |
| 2 Bateman, Grace | 8 | ParkRapids | 48.98 | 2 |
| 3 Wagner, Leann | 11 | Crookston | 50.04 | 2 |
| 4 Kuznia, Sophia | 8 | Badger/Green | 50.62 | 2 |
| 5 Knight, Sarah | 9 | WalkHackAke | 51.90 | 2 |
| 6 Spong, Brianna | 10 | RedLakeCty | 52.51 | 2 |
| 7 Pleune, Karcyn | 10 | AdaBorup | 52.63 | 1 |
| 8 Bakken, Kailey | 50 | Thief River | 53.08 | 1 |
| 9 Greenwood, Brooke | 10 | EGrandFor | 53.17 | 2 |
| 10 Anderson, Tara | | WalkHackAke | 53.47 | 1 |
| 11 Krohn, Courtney | 9 | Badger/Green | 54.24 | 1 |
| 12 Perkins, Savannah | 10 | Warroad | 54.37 | 1 |
| 13 Vettel, Chloe | 10 | Warroad | 55.35 | 1 |
| 14 Lauderbaugh, Tori | 8 | ParkRapids | 58.80 | 1 |
| -- Larson, Danielle | 10 | Crookston | NT | 2 |

Girls 4x100 Meter Relay Class A

8A Track: * 50.99 1992 , East Grand Forks R.A. Watt, T. Melquist, K. Hjelle, T. Hecht
50.98 QUAL School

| Finals |
|--|
| 1 East Grand Forks 'A' 51.48 |
| 2 Bagley/Fosston* 'A' 51.81 |
| 3 Park Rapids Area 'A' 52.17 |
| 4 Nevis 'A' 52.38 |
| 5 Crookston 'A' 53.74 |
| 6 Mahnomen/Waubun* 'A' 54.10 |
| 7 West Marshall* 'A' 54.55 |
| 8 Thief River Falls 'A' 55.28 |

Girls 4x200 Meter Relay Class A

8A Track: * 1:46.78 5/31/2008 Bagley/Fosston,
1:47.46 QUAL

| School | Finals |
|--|--------|
| 1 Bagley/Fosston* 'A' 1:46.00*QUAL | |
| 2 East Grand Forks 'A' 1:49.49 | |
| 3 Park Rapids Area 'A' 1:51.27 | |
| 4 Nevis 'A' 1:52.52 | |
| 5 Crookston 'A' 1:55.10 | |
| 6 Dilworth-Glyndon-Felton 'A' 1:55.49 | |
| 7 Roseau High School 'A' 1:55.92 | |
| 8 Thief River Falls 'A' 1:56.92 | |

Girls 4x400 Meter Relay Class A

8A Track: * 4:01.09 2001, Roseau B. Lisell, S. Olson, H. Evans, A. Anderson
4:06.29 QUAL

| School | Finals |
|--|--------|
| 1 East Grand Forks 'A' 4:08.19 | |
| 2 Nevis 'A' 4:13.99 | |
| 3 Ada-Borup 'A' 4:19.59 | |
| 4 Park Rapids Area 'A' 4:19.85 | |
| 5 Roseau High School 'A' 4:21.60 | |
| 6 West Marshall* 'A' 4:25.11 | |
| 7 Hawley/Ulen-Hitterdahl* 'A' 4:26.65 | |
| 8 Red Lake County* 'A' 4:30.26 | |

Girls 4x800 Meter Relay Class A

8A Track: * 9:33.80 2001, Roseau S. Olson, K. Jaenicke, H. Evans, A. Anderson

9:45.89 QUAL

School Finals

| | |
|--------------------------------|----------|
| 1 Park Rapids Area 'A' | 9:54.29 |
| 2 Lake of the Woods 'A' | 10:09.14 |
| 3 East Grand Forks 'A' | 10:21.57 |
| 4 Walker-Hackensack-Akeley 'A' | 10:51.92 |
| 5 Roseau High School 'A' | 10:55.72 |
| 6 Lake Park-Audubon 'A' | 10:56.63 |
| 7 Crookston 'A' | 10:57.64 |
| 8 Bagley/Fosston* 'A' | 11:06.88 |

Girls High Jump Class A

8A Track: * 5-08 5/31/2008 Toni Tollefson, LakePark-Audubon

5-04.00 QUAL

| Name | Year School | Finals |
|----------------------|-----------------|----------|
| 1 Feder, Annessa | 10 Nevis | 4-10.00 |
| 2 Bennett, Rachel | 10 BagleyFoss | J4-10.00 |
| 3 Julin, Emily | 10 BagleyFoss | 4-08.00 |
| 3 Fisher, Julia | 11 Warroad | 4-08.00 |
| 5 Lauderbaugh, Tori | 8 ParkRapids | J4-08.00 |
| 6 Erickson, Michelle | 10 Warroad | J4-08.00 |
| 7 Kuznia, Sophia | 8 Badger/Green | J4-08.00 |
| 8 Engelstad, Elle | 8 FertiBelt | 4-06.00 |
| 9 Johnston, Haley | 11 West Marshal | 4-04.00 |
| 9 Schermer, Alexis | 9 LakePKAudu | 4-04.00 |
| 9 Wagner, Brittany | 8 ClearGon | 4-04.00 |
| 9 Krohn, Courtney | 9 Badger/Green | 4-04.00 |
| 13 Ricard, Andrea | 10 DilGlynFelt | 4-02.00 |
| 13 Emanuel, Keelee | 10 Crookston | 4-02.00 |
| -- Frink, Emily | 9 DilGlynFelt | NH |

Girls Pole Vault Class A

8A Track: * 11-01 2004 Jennifer Hensel, Frazee

10-01.00 QUAL

| Name | Year School | Finals |
|---------------------|-----------------|----------|
| 1 Thelen, Rachel | 12 ParkRapids | 9-07.00 |
| 2 Mlodzik, Kristen | 12 Roseau High | J9-07.00 |
| 3 Knight, Sarah | 9 WalkHackAke | 9-01.00 |
| 4 Mercil, Amanda | DilGlynFelt | 8-07.00 |
| 5 Strom, Kayla | 10 BagleyFoss | 8-01.00 |
| 6 Christian, Angela | 11 FertiBelt | J8-01.00 |
| 7 Marken, Jessi | 11 Lake of the | J8-01.00 |
| 8 Gapinski, Jessica | 9 WalkHackAke | 7-07.00 |
| 9 Crummy, Jennifer | 11 West Marshal | J7-07.00 |
| 9 Hesby, Chelsea | 12 Crookston | J7-07.00 |
| 9 Christian, Kora | 10 FertiBelt | J7-07.00 |
| 12 Shogren, Sopic | 10 ParkRapids | 7-01.00 |
| 12 Haugen, Kallie | 9 West Marshal | 7-01.00 |
| -- Galstad, Madison | 7 EGrandFor | NH |
| -- Eaton, Karlie | 12 Lake of the | NH |

Girls Long Jump Class A

8A Track: * 17-11 1996 Andi Noel, Stephen

16-09.00 QUAL

| Name | Year School | Finals | Wind |
|-----------------------|----------------|---------------|------|
| 1 Huschle, Analisa | 10 BagleyFoss | 18-03.25*QUAL | NWI |
| 2 Berg, Mariah | 12 BagleyFoss | 17-05.75 QUAL | NWI |
| 3 Olson, Laure | 9 HawlUlHitt | 16-07.50 | NWI |
| 4 Frydenlund, Chelsey | 10 EGrandFor | 15-09.50 | NWI |
| 5 Day, Kyli | 9 BagleyFoss | 15-06.50 | NWI |
| 6 Lindow, Maggie | 11 Nevis | 15-05.50 | NWI |
| 7 Erickson, Katie | 10 Roseau High | 15-02.00 | NWI |
| 8 Soto, Lacey | 11 MahnWaub | 15-00.75 | NWI |
| 9 Arroyo, Alex | 7 EGrandFor | 15-00.00 | NWI |
| 10 Holecek, Uma | 8 Thief River | 13-11.50 | NWI |

| | | | |
|-----------------------|-----------------|----------|-----|
| 11 Hahn, Deidre | 8 Warroad | 13-11.25 | NWI |
| 12 Petermann, Breann | 12 HawlUlHitt | 13-10.50 | NWI |
| 13 Monsrud, Tessa | 10 Badger/Green | 13-08.25 | NWI |
| 14 Erickson, Michelle | 10 Warroad | 12-09.50 | NWI |
| 15 Wavra, Danie | 12 Crookston | 12-06.75 | NWI |

Girls Triple Jump Class A

8A Track: * 36-11 5/31/2008 Analisa Huschle, Bagley/Fosst

35-04.00 QUAL

| Name | Year School | Finals | Wind |
|-----------------------|-----------------|---------------|------|
| 1 Huschle, Analisa | 10 BagleyFoss | 38-06.25*QUAL | NWI |
| 2 Olson, Laure | 9 HawlUlHitt | 35-01.50 | NWI |
| 3 Ness, Katy | 12 AdaBorup | 33-01.00 | NWI |
| 4 Mathews, Kristen | 10 DilGlynFelt | 32-10.00 | NWI |
| 5 Bakken, Kailey | 50 Thief River | 32-08.50 | NWI |
| 6 Arroyo, Alex | 7 EGrandFor | 32-01.00 | NWI |
| 7 Kuznia, Kayleigh | 10 EGrandFor | 31-07.75 | NWI |
| 8 Aakre, Kendra | 10 West Marshal | 31-00.50 | NWI |
| 9 Erickson, Katie | 10 Roseau High | 31-00.00 | NWI |
| 10 Kelly, Hayley | 11 Roseau High | 29-08.75 | NWI |
| 11 Erickson, Michelle | 10 Warroad | 29-05.75 | NWI |
| 12 Papke, Eliza | 11 BagleyFoss | 29-05.25 | NWI |
| 13 Peterson, Amber | 8 WalkHackAke | 29-03.25 | NWI |
| 14 Faldet, Taylor | 8 ClearGon | 28-01.50 | NWI |
| 15 Kennedy, Brenna | 9 WalkHackAke | 25-09.50 | NWI |

Girls Shot Put Class A

8A Track: * 43-06.50 2000 Amy Netland, Bagley/Fosston

38-07.00 QUAL

| Name | Year School | Finals |
|----------------------|-----------------|-----------|
| 1 Ritter, Ashley | 11 HawlUlHitt | 35-04.00 |
| 2 Hedlund, Alex | 12 EGrandFor | 34-11.00 |
| 3 Solheim, Hayley | 9 Crookston | 34-06.00 |
| 4 Jourdain, Danielle | 11 CassLkBen | 33-04.00 |
| 5 Folkers, Shelby | 12 Crookston | 31-08.00 |
| 6 Nelson, Kaylie | 12 MahnWaub | J31-08.00 |
| 7 Fanfulik, Samantha | 12 EGrandFor | 31-07.00 |
| 8 Knott, Nikki | 11 ParkRapids | 30-04.50 |
| 9 Brae, Carly | 10 WalkHackAke | 28-11.50 |
| 10 Zavoral, Beth | 10 Badger/Green | 28-06.50 |
| 11 Pigeon, Kiauni | 10 Roseau High | 28-05.00 |
| 12 Iverson, Kristin | 10 West Marshal | 28-04.50 |
| 13 Alme, Karla | 10 Badger/Green | 27-03.50 |
| 14 Toso, Megan | 10 Warroad | 26-09.50 |
| 15 Carrigan, Carrie | 8 NorthBlack | 26-01.00 |

Girls Discus Throw Class A

8A Track: * 147-04 1990 Krista Wavra, Sacred Heart

122-04 QUAL

| Name | Year School | Finals |
|-------------------------|-----------------|-----------|
| 1 Folkers, Shelby | 12 Crookston | 115-02.00 |
| 2 Ritter, Ashley | 11 HawlUlHitt | 111-03.00 |
| 3 Hedlund, Alex | 12 EGrandFor | 108-07.00 |
| 4 Schumacher, Heather | 12 Crookston | 100-03.00 |
| 5 Solheim, Hayley | 9 Crookston | 96-05.00 |
| 6 Gustafson, Kjera | 12 Nevis | 89-08.00 |
| 7 Jourdain, Danielle | 11 CassLkBen | 88-01.00 |
| 8 Urbaniak, Brooke | 9 West Marshal | 86-07.00 |
| 9 Budziszewski, Sabrina | 10 Badger/Green | 84-07.00 |
| 10 Alme, Karla | 10 Badger/Green | 76-11.00 |
| 11 Foss, Hannah | 7 MahnWaub | 76-10.00 |
| 12 Znajda, Felicia | 08 West Marshal | 74-08.00 |
| 13 Toso, Megan | 10 Warroad | 72-06.00 |
| 14 Knott, Nikki | 11 ParkRapids | 70-09.00 |
| 15 Vatthauer, Kylie | 12 RedLakeCty | 69-06.00 |